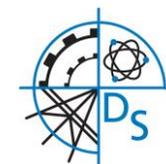


### Denefield School Welfare Directory - Covid-19

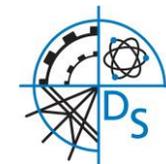
Here is a directory of school support, local and national support that may well be needed in the coming weeks and months. Please keep it handy. We will update with any new information you may need at regular intervals.

The government guidance can be found at [here](#).

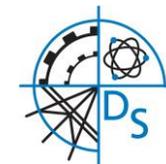
Concern	Relevant contact or link
<p>I am concerned about my child</p>	<p>Please contact your relevant Head of House or Deputy Head of House.</p> <p>Langley: <a href="mailto:abd@denefield.org.uk">abd@denefield.org.uk</a>; <a href="mailto:ado@denefield.org.uk">ado@denefield.org.uk</a>; <a href="mailto:dsh@denefield.org.uk">dsh@denefield.org.uk</a>; <a href="mailto:thl@denefield.org.uk">thl@denefield.org.uk</a></p> <p>Sulham: <a href="mailto:ssn@denefield.org.uk">ssn@denefield.org.uk</a>; <a href="mailto:jcr@denefield.org.uk">jcr@denefield.org.uk</a>; <a href="mailto:lpy@denefield.org.uk">lpy@denefield.org.uk</a></p> <p>Kentwood: <a href="mailto:alh@denefield.org.uk">alh@denefield.org.uk</a>; <a href="mailto:jln@denefield.org.uk">jln@denefield.org.uk</a>; <a href="mailto:kck@denefield.org.uk">kck@denefield.org.uk</a></p> <p>Norcot: <a href="mailto:lmy@denefield.org.uk">lmy@denefield.org.uk</a>; <a href="mailto:shs@denefield.org.uk">shs@denefield.org.uk</a>; <a href="mailto:wlx@denefield.org.uk">wlx@denefield.org.uk</a></p> <p>If for any reason you do not get a response, then please contact a member of the school Senior Leadership Team. All Senior Leadership Team <a href="#">emails are on our website</a>.</p>
<p>I am concerned that my child has special needs and is not coping well</p>	<p>Contact Mrs Holley or Miss Molyneux for advice and guidance <a href="mailto:hol@denefield.org.uk">hol@denefield.org.uk</a> or <a href="mailto:kmx@denefield.org.uk">kmx@denefield.org.uk</a></p> <p>The following avenues of support may also help:</p> <ul style="list-style-type: none"> <li><a href="https://chatterpack.net/blogs/blog">https://chatterpack.net/blogs/blog</a></li> </ul>
<p>I have a safeguarding concern regarding my own child or another student at Denefield School</p> <p>This could include cyberbullying, sexting or concerns about abuse or neglect</p>	<p>Contact our designated safeguarding leads:</p> <p>Mrs Holley: <a href="mailto:hol@denefield.org.uk">hol@denefield.org.uk</a></p> <p>Mrs Williams: <a href="mailto:aws@denefield.org.uk">aws@denefield.org.uk</a></p> <p>Mr Towill: <a href="mailto:etw@denefield.org.uk">etw@denefield.org.uk</a></p> <p>Or our Listening email <a href="mailto:listening@denefield.org.uk">listening@denefield.org.uk</a></p> <p>You can also contact any member of the Senior Leadership Team leadership team <a href="#">emails are on our website</a>.</p> <p><b>Berkshire West Safeguarding Children Partnership</b> Due to the Covid-19 virus, the way practitioners, agencies and schools are working with vulnerable young people has changed, and we need everyone to play a part in looking out for those children and adults at risk - to 'Be Brave, speak up' to help keep them safe.</p>



	<p>Please find below links to the 'Be Brave, speak up' short film:                  Facebook: <a href="https://www.facebook.com/BWSafeguardingChildrenPartnership/">https://www.facebook.com/BWSafeguardingChildrenPartnership/</a>                  Twitter: <a href="https://twitter.com/BWSCP1?ref_src=twsrc%5Etfw">https://twitter.com/BWSCP1?ref_src=twsrc%5Etfw</a>                  You tube: <a href="https://youtu.be/NwSD4pY-Cok">https://youtu.be/NwSD4pY-Cok</a></p> <p>The Berkshire West Safeguarding Children Partnership website has a dedicated page to provide information and advice for our children, parents/carers and practitioners covering a wide range of subjects, including domestic abuse, emotional health, financial help, coping strategies for new parents, home schooling, keeping children safe on-line etc.</p> <p>Berkshire West Safeguarding Children Partnership Website Links below:</p> <p><a href="https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/parents-and-carers/information-for-parents-and-carers">https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/parents-and-carers/information-for-parents-and-carers</a></p> <p><a href="https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/parents-and-carers/important-safety-messages-children-and-babies">https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/parents-and-carers/important-safety-messages-children-and-babies</a></p> <p>Leaflet;  <a href="https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/helping-you/coronavirus">https://www.berkshirewestsafeguardingchildrenpartnership.org.uk/scp/helping-you/coronavirus</a></p> <p><b>Thames Valley Police</b></p> <p>They are working hard to continue to keep communities safe, and if you have any concerns regarding safeguarding or crime you can still contact them on 101 or <a href="http://www.thamesvalley.police.uk/contact">www.thamesvalley.police.uk/contact</a></p> <p><b>Keeping Children Safe</b></p> <p>A range of resources to support young people keeping safe in their communities, covering topics such as knife crime, sending nudes, sexting, hate crime, county lines, road safety, domestic abuse, cyberbullying, drugs and more can be found here; <a href="https://www.safe4me.co.uk">https://www.safe4me.co.uk</a></p> <p><b>Keeping Children Safe Online</b></p> <p>CEOP are producing activity packs fortnightly for different age groups, to support keeping them safe online. Their interactive resources can be found here; <a href="https://www.thinkuknow.co.uk">https://www.thinkuknow.co.uk</a></p>
<p>I have a safeguarding or child protection concern regarding a young person not at Denefield School</p>	<p>If you're worried about a child, even if you're unsure, contact our helpline to speak to one of our counsellors. Call us on <a href="tel:08088005000">0808 800 5000</a>, email <a href="mailto:help@nspcc.org.uk">help@nspcc.org.uk</a></p> <p>Or visit the <a href="http://www.nspcc.org.uk">NSPCC website</a></p>



<p>I have a child or a family member who has special/additional needs and needs simple and clear reminders of what is happening and what to do. This is particularly useful for students with literacy difficulties or students with Autism.</p>	<p><a href="https://chatterpack.net/blogs/blog">https://chatterpack.net/blogs/blog</a></p>
<p>I have concerns about the mental health of my child or someone in my family.</p>	<p><a href="#">A resource list to support mental health is available on our website</a></p> <p>Here is a link to a very useful range of support numbers for a vast range of mental health concerns;  <a href="https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/">https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/</a></p> <p><b>CAMHS</b>          CAMHS have also launched support on their website, providing a range of resources, apps and books to help. These can be found at <a href="#">here</a>.</p> <p><b>School Nurse</b>          We also continue to offer the School Nursing Duty line during school term times, where you can seek advice and support on non Covid-19 related issues such as bedwetting, toilet training, behaviour and sleeping. They endeavour to answer all responses within one working day.          Your local telephone number is: 01635 273 384 Email is: <a href="mailto:WestBerkshireSchoolNurses@berkshire.nhs.uk">WestBerkshireSchoolNurses@berkshire.nhs.uk</a></p> <p><b>EHA- Emotional Health Academy</b>          This local helpline is a short-term service, and will only be available during this pandemic, to provide in the moment support to children and young people. EHA workers will offer a listening ear and provide signposting and self-help support. The helpline will not replace existing referral routes for EHT and EHA and appropriate referral forms for these services will still need to be completed.</p> <p>It is not a crisis line; support will be provided to manage low level problems and offer advice and self-help tools. The helpline will not replace other services.          Confidentiality protocol follows normal EHA procedures – Children and young people will be advised if confidentiality will need to be breached (eg safeguarding, risk to self).</p> <p>The Helpline can be accessed by telephone through dialing 01635 503587</p> <p><b>Further support</b>          Additional resources and support on looking after your mental health can be found on the following websites:</p> <ul style="list-style-type: none"> <li>• <a href="https://www.nspcc.org.uk/keeping-children-safe/">https://www.nspcc.org.uk/keeping-children-safe/</a></li> <li>• <a href="https://youngminds.org.uk/find-help/">https://youngminds.org.uk/find-help/</a></li> <li>• <a href="https://chatterpack.net/blogs/blog">https://chatterpack.net/blogs/blog</a></li> </ul>



	<ul style="list-style-type: none"> <li>• <a href="https://www.childrenssociety.org.uk/">https://www.childrenssociety.org.uk/</a></li> </ul>
<p>My child or family have been affected by a death or a bereavement</p>	<p>Organisations offering bereavement support and advice include the following:</p> <p>For children and young people:</p> <ul style="list-style-type: none"> <li>• <a href="#">Winston's Wish</a> 0808 802 0021</li> <li>• <a href="#">Daisy's Dream</a></li> <li>• <a href="#">Seesaw</a> (Oxfordshire Bereavement Charity)</li> <li>• <a href="#">Child Bereavement UK</a> 0800 028 8840</li> </ul> <p>For adults:</p> <ul style="list-style-type: none"> <li>• <a href="#">Bereavement Care</a> 0208 427 5720</li> <li>• <a href="#">Cruse Bereavement Counselling</a> 0808 808 1677</li> </ul>

Additional useful information:

[Letter from Thames Valley Police regarding young people and social media](#)

[#Coping – a young persons guide – an NHS guide](#)

[#Coping – five ways to wellbeing – an NHS guide](#)

For those who are making the transition to college or university, the [StudentMinds](#) website has a nice blog with posts from young people about a range of mental health topics.

[Think Ninja](#) is an app aimed at empowering children and young people to build resilience and manage their emotional health.

COVID-19: [Helping Young People Manage Low Mood and Depression Course](#).

COVID-19: [Psychological First Aid Course](#).