

Who is more courageous?

Term 6 assembly 2023

What's the story?



Kevin Sinfield and Rob Burrow



- Rugby League players for Leeds Rhinos
- Won Rugby League Challenge Cup
- Played for England
- Top of their game in 2017
- Rob Burrow contracted motor neurone disease in 2019

Who is more courageous?



Rob Burrow



- Motor neurone disease is an uncommon condition that mainly affects people in their 60s and 70s, but it can affect adults of all ages.
- It's caused by a problem with cells in the brain and nerves called motor neurones.
- These cells gradually stop working over time. It's not known why this happens.
- There is no cure.

[Rob Burrow: Leeds Rhinos legend diagnosed with motor neurone disease - BBC Sport](#)

Amyotrophic lateral sclerosis (ALS)

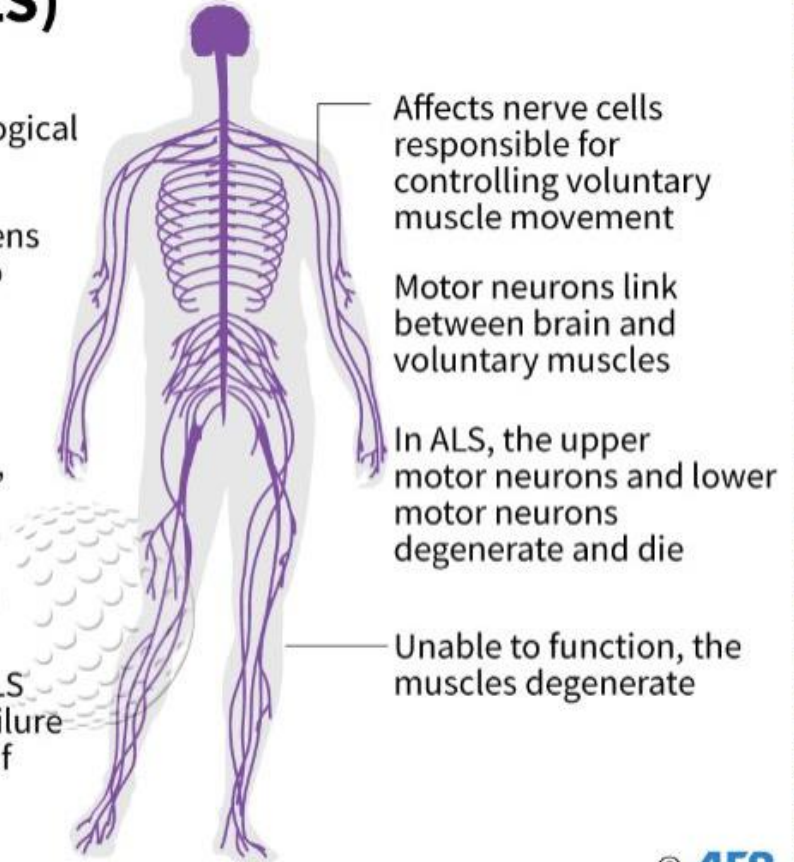
A type of motor neurone disease



Stephen Hawking was diagnosed in his early 20s

He defied predictions he would only live a few years but was wheelchair-bound and spoke through a computerised voice system

- ▶ ALS is a rare neurological condition
- ▶ Progressive -- worsens with time -- with no cure
- ▶ Gradually muscles under voluntary control are affected, individuals lose strength, ability to speak, eat, move, breath
- ▶ Most people with ALS die of respiratory failure within 3 to 5 years of first symptoms



Kevin Sinfield



In 2020 he ran seven marathons in seven days (the Seven in Seven Challenge), which raised £2.7 million.

- In 2021 he completed the Extra Mile Challenge, running the 101 miles from Leicester's Welford Road ground to Headingley, which raised more than £2 million.
- In 2022 he completed the Ultra 7 in 7 Challenge, running from Murrayfield to Old Trafford in seven stages, arriving at half-time of the World Cup Final and raising more than £2.5 million.

[Rob Burrow: Leeds Rhinos Director runs seven marathons in seven days - BBC News](#)

Who is more courageous?

