

# Who cares?

Safeguarding assembly October 2022
Mrs Williams

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Success for life





- Your parents or carers, your family and close friends care about you
- Other adults in your life, especially school staff, care about you
- Other students care about you
- You... you care about you!

### Does Denefield REALLY care?



'Denefield is committed to a strong culture of safeguarding, ensuring that all staff embrace the concept of 'it could happen here'. We are fully committed to creating a culture of vigilance. We expect everyone who works in and visits our school to share this commitment.'

#### We do this by:

- Making sure the school site is safe and secure
- Checking every adult working in or visiting the school
- Training every member of staff in safeguarding young people
- Having a large welfare team, dedicated to safeguarding
- Finding out what students are going through or worried about
- Responding to reports or concerns

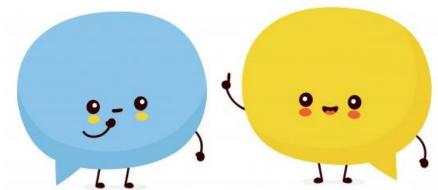


#### Where to find help and support



If you are worried about yourself or someone else, or if want to report something that doesn't feel right or safe, there is always help for you. You can:

- talk to your tutor or a teacher
- talk to your welfare manager
- talk to your parent/carer they can contact school on your behalf
- email <u>listening@denefield.org.uk</u>
- call Childline 0800 1111



Our designated safeguarding lead teachers are:







Mrs Williams Mrs Holley Mr Towil

## Your role in caring for others





Cute video!
Do you
remember
being this little
and what you
knew about
being a good
friend?

<u>Little Voices: What Makes a Good Friend? - YouTube</u>

# Your role in caring for others



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"A good friend is someone who picks you up when you fall."
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- "Just being kind."
- "..." (Terry <sup>(2)</sup>)
- "Listen to you very nicely."
- "Accepting who you are."
- "Makes you happy and is always lovely to you. And funny."



### Your role in safeguarding others

- Be kind to others whether friends or not friends
- 'If you can't say anything nice, don't say anything at all' (my mum)
- Follow school rules that are there to keep everyone safe, such as:
  - Hands off
  - Stairs and corridors
  - Toilets
  - Breaks and lunchtimes
  - Banned items
- Report anything that doesn't seem safe or right
- Call it out





## Your role in safeguarding others



United against bullying

# Who cares? You care about you

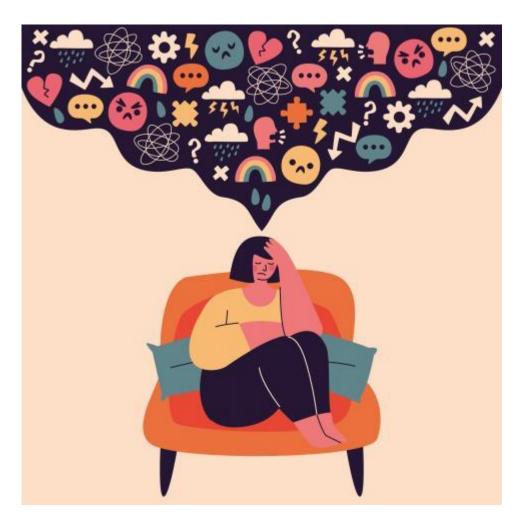


- Abuse, bullying and intimidation by adults or peers is not OK and is not your fault
- Adults at school know what to do to look after you
- You are unique and precious even when you don't feel it
- ✓ Good diet
- ✓ Regular exercise
- ✓ Limit screen time and social media
- ✓ Sleep
- ✓ Look outwards



# Who cares? You care about you





Caring for yourself

- Kooth.com
- Sixth Form mental health first aiders
- Counselling services
- School nurse
- Emotional Health Academy (EHA)
- ... and other sources of support





# Aged 11-19? Need some advice?

We can help with all kinds of things like:

Relationships

**Healthy eating** 

Drugs & alcohol

Anxiety

**STRESS** 

Low mood

Bullying

Self-harm

**Body changes** 

**SMOKING** 

Sleep



Text a school nurse for confidential advice and support

07312 263266



cypf.berkshirehealthcare.nhs.uk







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