

PE A Level
Year 13 assessment map



| Year 13 | T1 | T2 | T3 | T4 | T5 | T6 |
|---------|--|---|---|---|----------------------------|----------------------------|
| | <p>Physiological factors affecting performance</p> <p>Mid term key knowledge assessment - Adenosine Triphosphate (ATP) and energy transfer</p> <p>Energy systems and ATP resynthesis</p> <p>End of term - Year 12 content and Adenosine Triphosphate (ATP) and energy transfer</p> <p>Energy systems and ATP resynthesis</p> <p>ATP resynthesis during exercise of differing intensities and durations</p> | <p>Physiological factors affecting performance</p> <p>Mid term key knowledge assessment - the recovery process</p> <p>Exercise at altitude</p> <p>End of term - Year 12, T1 content and</p> <p>The recovery process</p> <p>Exercise at altitude</p> <p>Exercise in the heat</p> <p>Linear motion</p> <p>Psychological factors affecting performance</p> | <p>Physiological factors affecting performance</p> <p>Mid term key knowledge assessment - angular motion</p> <p>Fluid mechanics</p> <p>End of term - Year 12, T1, T2 content and angular motion</p> <p>Fluid mechanics</p> <p>Projectile motion</p> <p>Psychological factors affecting performance</p> <p>Mid term key knowledge assessment -</p> <p>Confidence and self-efficacy in</p> | <p>Physiological factors affecting performance</p> <p>Mid term key knowledge assessment -</p> <p>Acute and chronic injuries</p> <p>Injury prevention</p> <p>End of term - Year 12, T1, T2, T3 content and</p> <p>Acute and chronic injuries</p> <p>Injury prevention</p> <p>Responding to injuries and medical conditions in a sporting context</p> | <p>A Level exam</p> | <p>A Level exam</p> |

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| | <p>Psychological factors affecting performance</p> <p>Mid term key knowledge assessment - memory models</p> <p>End of term - Year 12 content and memory models</p> <p>Socio-cultural issues in physical activity and sport</p> <p>Mid term key knowledge assessment - commercialisation and media</p> <p>End of term - Year 12 content and commercialisation and media</p> | <p>Mid term key knowledge assessment - attribution</p> <p>End of term - Year 12, T1 content and Attribution</p> <p>Confidence and self-efficacy in sports performance</p> <p>Socio-cultural issues in physical activity and sport</p> <p>Mid term key knowledge assessment - routes to sporting excellence in the UK</p> <p>End of term - Year 12, T1 content and</p> | <p>sports performance.</p> <p>End of term - Year 12, T1, T2 content and</p> <p>Confidence and self-efficacy in sports performance.</p> <p>Leadership in sport</p> <p>Socio-cultural issues in physical activity and sport</p> <p>Mid Term Key Knowledge Assessment -</p> <p>Modern technology in Sport – its impact on Elite level sport, participation, fair outcomes and entertainment</p> | <p>Rehabilitation of injury</p> <p>Psychological factors affecting performance</p> <p>Mid term key knowledge assessment - stress management to optimise performance</p> <p>End of term - Year 12, T1, T2, T3 content and stress management to optimise performance</p> <p>Evaluating and analysing performance for improvement</p> | | |
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| | Routes to sporting excellence in the UK | Routes to sporting excellence in the UK Modern technology in sport – its impact on elite level sport, participation, fair outcomes and entertainment | End of term - Year 12, T1, T2 content and Modern technology in Sport – its impact on Elite level sport, participation, fair outcomes and entertainment Evaluating and Analysing Performance for Improvement | | | |
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