

Physical Education
Year 11 curriculum map



Year 11	T1	T2	T3	T4	T5	T6
Content / Topic for Term	Football Badminton Dodgeball Netball	Football Yoga Basketball Hockey	Football Badminton Boxing Netball	Football Trampolining Hockey Handball	Athletics Rounders Softball Cricket	
Key Knowledge for acquisition, recall and application in assessment or exam	Ball control Passing Shooting Dribbling Tackling Marking Heading the ball Serving Return of shot Forehand shot Backhand shot Teamwork and communication doubles Basic footwork Decision making Selection of appropriate shot Dodging Catching Throwing	Ball control Passing Shooting Dribbling Tackling Marking Heading the ball Self-care skills Self-regulation Relaxation Imagination and creativity Stance and footwork Passing Shooting Dribbling Marking Player with the ball Intercepting ball	Ball control Passing Shooting Dribbling Tackling Marking Heading the ball Serving Return of shot Forehand shot Backhand shot Teamwork and communication doubles Basic footwork Decision making Selection of appropriate shot Stance Footwork Punching	Ball control Passing Shooting Dribbling Tackling Marking Heading the ball Shapes Twists Seat drops Front landing Back landing Combined movements Advanced skills Passing Reverse stick passing Dribbling Shooting Tackling	Track Decision making Jumping Decision making Throws Decision making Batting Bowling Fielding Teamwork and communication Batting Bowling Fielding Teamwork and communication Batting Bowling Fielding	

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	<p>Deflecting and blocking Team coordination</p> <p>Footwork Ball handling Passing over a short and mid-long distances Shooting Rebounds Marking Decision making Team strategies</p>	<p>Passing Reverse stick passing Dribbling Shooting Tackling Marking Ball control Using</p>	<p>Footwork Ball handling Passing over a short and mid-long distances Shooting Rebounds Marking Decision making</p>	<p>Marking Ball control Using</p> <p>Catching Position for catching the ball Dribbling with dominant hand Passing Shooting Offensive movement</p>	<p>Teamwork and communication Wicket keeping Low and high takes</p>	
Key skills to apply in assessment or exam	All of the above	All of the above	All of the above	All of the above	All of the above	
Title of Knowledge Organiser	<p>Football Badminton Dodgeball Netball</p>	<p>Football Yoga Basketball Hockey</p>	<p>Football Badminton Boxing Netball</p>	<p>Football Trampolining Hockey Handball</p>	<p>Athletics Rounders Softball Cricket</p>	