

			Т3	T4	Т5	Т6
Content / Invasion Topic for	n games Footba	all	Rugby	Netball	Athletics	Athletics
Term Team b	uilding OAA		Gymnastics	Badminton	Health and wellbeing	Cricket
Teamwo	• shore Shooti • shore Shooti • shore Dribbl • use of foot Tacklin • jocker Markin • player ball Teamy Ship Proble Leader	ing ing ing of dominant ing eying eying wer with the work em solving ership	Passing  • both hands in either direction  Receiving  • stationary  Running with the ball  Beating opponents  • change of pace/direction  Tackling  • basic technique from front and side  • close contact tackling  Rolls  • forward  • backward	Footwork  stopping/landing  pivot  Ball handling  catching whilst stationary  Passing over a short distances  chest  overhead  bounce  shoulder pass  Shooting  stationary  Marking  player with the ball  Serving  short  long	Track  starting finishing posture arm action  Jumping approach take off flight  Throws initial stance grip throwing action  Bones  Muscles  Joints  Function of the skeleton	Track • starting • finishing • posture • arm action  Jumping • approach • take off • flight  Throws • initial stance • grip • throwing action  Batting • running between the wickets • footwork • drive • communication with batting partner

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Key skills to apply in assessment or exam	All of the above	All of the above	Balances Handstand Cartwheels Jumps/leaps Twists Steps All of the above	Forehand shot	All of the above	Bowling  • medium  Fielding  • judgement of the approaching ball  • stopping the ball  • catching  Teamwork and communication  All of the above
Title of Knowledge	Invasion games	Football	Rugby	Netball	Athletics	Athletics
Organiser	Teambuilding	OAA	Gymnastics	Badminton	Health and wellbeing	Cricket

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Year 7 Boys	T1	T2	Т3	T4	T5	Т6
Content / Topic for	Invasion games	Rugby	Football	Hockey	Athletics	Athletics
Term	Team building	OAA	Gymnastics	Badminton	Health and wellbeing	Cricket
Key Knowledge for acquisition,	Warm up Cool down	<ul><li>Passing</li><li>both hands in either direction</li></ul>	Passing • short	<ul><li>Passing</li><li>push</li><li>slap hit</li></ul>	Track • starting • finishing	Track • starting • finishing
recall and application in assessment or exam	Passing	Receiving • stationary	<ul><li>Shooting</li><li>short</li><li>Dribbling</li></ul>	Dribbling • push	<ul><li>posture</li><li>arm action</li></ul>	<ul><li>posture</li><li>arm action</li></ul>
	Receiving  Hand eye coordination	Running with the ball	<ul><li>use of dominant foot</li><li>Tackling</li></ul>	<ul><li>Shooting</li><li>open side technique</li></ul>	<ul><li>Jumping</li><li>approach</li><li>take off</li><li>flight</li></ul>	Jumping <ul><li>approach</li><li>take off</li><li>flight</li></ul>
	Communication	<ul><li>Beating opponents</li><li>change of pace/direction</li></ul>	<ul><li>jockeying</li><li>Marking</li></ul>	Tackling • block	Throws • initial stance	Throws
	Teamwork	Tackling  • basic technique	<ul> <li>player with the ball</li> </ul>	<ul><li>Marking</li><li>player with the ball</li></ul>	<ul><li>grip</li><li>throwing action</li></ul>	<ul><li>initial stance</li><li>grip</li><li>throwing action</li></ul>
	Problem solving	from front and side	Rolls • forward	Serving	Bones	Batting
	Leadership	<ul> <li>close contact tackling</li> </ul>	• backward	<ul><li>short</li><li>long</li></ul>	Muscles	<ul> <li>running between the wickets</li> </ul>
		Teamwork	Balances	Forehand shot	Joints	<ul><li>footwork</li><li>drive</li></ul>
		Problem solving	Handstand	<ul><li>overhead clear</li><li>lift/underarm</li></ul>	Function of the skeleton	- drive
			Cartwheels	clear		

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		Leadership  Map reading	Jumps/leaps Twists Steps	Teamwork and communication doubles  Basic footwork		<ul> <li>communication         with batting         partner</li> <li>Bowling         <ul> <li>medium</li> </ul> </li> </ul>
						Fielding  • judgement of the approaching ball  • stopping the ball  • catching  Teamwork and communication
Key skills to apply in assessment or exam	All of the above	All of the above	All of the above	All of the above	All of the above	All of the above
Title of Knowledge Organiser	Invasion games Teambuilding	Football OAA	Rugby Gymnastics	Netball Badminton	Athletics  Health and wellbeing	Athletics Cricket

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