

## Work for absent students Year 11 English

### United Learning/Continuity Oak

1. Click the link associated with the topic you are studying
2. Select a lesson (starting at the beginning).
3. Play the lesson video – pausing it where required and completing the activities as directed.
4. Complete two lessons for every missed English Literature lesson
5. Bring these to your reintegration meeting

### You Tube Video/Bitesize

1. Click the link associated with the topic you are studying
2. Watch the videos/read the information and take notes using the Cornell method of note taking. For information on how to do this, [click here](#).
3. Bring the notes to your reintegration meeting

Term	Topic	Oak Academy/Bitesize	YouTube Videos
Autumn 1	English Language Paper 1	<a href="#">BBC Bitesize Analysing Fiction</a> 8 learner guides available	<a href="#">AQA English Language Paper 1 - YouTube</a> 41 videos
Autumn 2	English Language Paper 2	<a href="#">BBC Bitesize Analysing Non-Fiction</a> 5 learner guides available	<a href="#">AQA English Language Paper 2 - YouTube</a> 42 videos
Spring 1	A Christmas Carol Revision	<a href="#">Curriculum - Curriculum (continuityoak.org.uk)</a> Year 11 Unit 4: Revisiting: A Christmas Carol (12 lessons available)	<a href="#">A Christmas Carol Mr Bruff Playlist</a> 16 videos
Spring 2	Macbeth Revision	<a href="#">Curriculum - Curriculum (continuityoak.org.uk)</a> Year 10 Unit 5: Revisiting: Macbeth (12 lessons available)	<a href="#">Macbeth Playlist Mr Bruff</a> 66 videos
Summer 1	An Inspector Calls Revision	<a href="#">Curriculum - Curriculum (continuityoak.org.uk)</a> Year 10 Unit 7: Revisiting An Inspector Calls (12 lessons available)	<a href="#">An Inspector Calls Mr Bruff Playlist</a> 32 videos

## Work for absent students Year 11 Maths

### Oak Academy

1. Click the link associated with the topic you are studying
2. Select a lesson (starting at the beginning).
3. Play the lesson video – pausing it where required and completing the activities as directed.
4. Complete two lessons for every missed Maths lesson
5. Bring these to your reintegration meeting

Topic	Oak Academy
Fractions	Adding/subtracting mixed numbers: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>
Multipliers	Increase/decrease: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>  Reverse percentages: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>
Standard Form	SIF and ordinary form: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a> <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>
Transformations	Rotation: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>  Enlargement: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>
Vectors	Column vectors: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvkgd?from_query=mutually+exclusive</a>

	<p>Harder vectors: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p>
<p>Scale drawings and maps</p>	<p>Similarity: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p> <p>Map scales: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p> <p>Plans and elevations: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p>
<p>Probability</p>	<p>Relative frequency: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p> <p>Venn diagrams: <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a>  <a href="https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive">https://classroom.thenational.academy/lessons/find-the-probability-of-an-event-not-happening-including-using-a-table-include-mutually-exclusive-and-exhaustive-crvgkd?from_query=mutually+exclusive</a></p>

## Work for absent students Year 11 Science

### You will need:

1. A blue or black pen
2. A pencil
3. A ruler
4. A calculator

For each topic, you will find links to either an Oak Academy or BBC Bitesize resource. Instructions on how to use each resource are below.

### Oak Academy

1. Click the link associated with the topic you are studying.
2. Select the first lesson. It is useful to look at previously covered material – to build a solid foundation – and then move on to new stuff when you are secure.
3. Play the lesson video – pausing it where required and completing the activities as directed.

### Bitesize resource

1. Click the link associated with the topic you are studying. Try to pick a lesson you have just done to recap material and then try the next lesson to cover new stuff.
2. Select the first topic from this section. It is useful to look at previously covered material – to build a solid foundation – and then move on to new stuff when you are secure.
3. You will be asked to read information or watch videos and you must take notes using the Cornell method of note taking. For information on how to do this, [click here](#).
4. Complete the multiple-choice quizzes (and for Year 9 upwards and sample exam questions).

Year 11 - Biology			
Term	Topic	Oak Academy	BBC Bitesize
1+2	Ecology		<a href="#">Ecology</a>
3	Inheritance, variation and evolution		<a href="#">Inheritance, variation and evolution</a>

Year 11 - Chemistry			
Term	Topic	Oak Academy	BBC Bitesize
1	Organic Chemistry		<a href="#">Organic Chemistry</a>
1+2	Earth's Resources		<a href="#">Using Resources</a>
3	Analysis		<a href="#">Analysis</a>

Year 11 - Physics			
Term	Topic	Oak Academy	BBC Bitesize
1	Electromagnetism		<a href="#">Magnetism and Electromagnetism</a>
2	Working Scientifically		

## Work for absent students Year 11 Geography

Work to complete:

1. Identify the week in the term
2. Identify a topic you have not yet completed
3. Click on the link identified
4. Either read/watch the webpage and make notes or complete the tasks identified.

### Changing Cities

Week	Topic	Link to complete work
1	Global urban change	<a href="https://continuityoak.org.uk/Lessons?r=501">https://continuityoak.org.uk/Lessons?r=501</a>
1	Factors affecting rates of urbanisation	<a href="https://continuityoak.org.uk/Lessons?r=501">https://continuityoak.org.uk/Lessons?r=501</a>
2	Megacities	<a href="https://continuityoak.org.uk/Lessons?r=503">https://continuityoak.org.uk/Lessons?r=503</a>
2	Location and importance of Liverpool	<a href="https://continuityoak.org.uk/Lessons?r=504">https://continuityoak.org.uk/Lessons?r=504</a>
2	Impacts of migration on Liverpool	<a href="https://continuityoak.org.uk/Lessons?r=505">https://continuityoak.org.uk/Lessons?r=505</a>
3	Opportunities of urban change in Liverpool	<a href="https://continuityoak.org.uk/Lessons?r=506">https://continuityoak.org.uk/Lessons?r=506</a> – Part 1
3		<a href="https://continuityoak.org.uk/Lessons?r=506">https://continuityoak.org.uk/Lessons?r=506</a> – Part 2
4	Challenges of urban change in Liverpool	<a href="https://continuityoak.org.uk/Lessons?r=509">https://continuityoak.org.uk/Lessons?r=509</a> – Part 1
4		<a href="https://continuityoak.org.uk/Lessons?r=511">https://continuityoak.org.uk/Lessons?r=511</a> – Part 2
4	An urban regeneration project in Liverpool: The Anfield project	<a href="https://continuityoak.org.uk/Lessons?r=511">https://continuityoak.org.uk/Lessons?r=511</a>
5	Sustainable urban living	<a href="https://continuityoak.org.uk/Lessons?r=513">https://continuityoak.org.uk/Lessons?r=513</a>
5	How urban transport strategies reduce traffic congestion	<a href="https://continuityoak.org.uk/Lessons?r=515">https://continuityoak.org.uk/Lessons?r=515</a>
6	Location and importance of Lagos	<a href="https://continuityoak.org.uk/Lessons?r=573">https://continuityoak.org.uk/Lessons?r=573</a>
6	Causes of urban growth in Lagos	<a href="https://continuityoak.org.uk/Lessons?r=575">https://continuityoak.org.uk/Lessons?r=575</a>
6	Social opportunities of urban growth in Lagos	<a href="https://continuityoak.org.uk/Lessons?r=4993">https://continuityoak.org.uk/Lessons?r=4993</a>
7	Challenges of urban growth in Lagos	<a href="https://continuityoak.org.uk/Lessons?r=577">https://continuityoak.org.uk/Lessons?r=577</a>
7		<a href="https://continuityoak.org.uk/Lessons?r=579">https://continuityoak.org.uk/Lessons?r=579</a>
8	Urban planning in Lagos: Makoko floating school	<a href="https://continuityoak.org.uk/Lessons?r=582">https://continuityoak.org.uk/Lessons?r=582</a>

## Resource management

Week	Topic	Link to complete work
1	How well-being is affected by resource availability	<a href="https://continuityoak.org.uk/Lessons?r=665">https://continuityoak.org.uk/Lessons?r=665</a>
1	Global inequalities in the supply and demand of resources	<a href="https://continuityoak.org.uk/Lessons?r=666">https://continuityoak.org.uk/Lessons?r=666</a>
2	Issues with food resources in the UK	<a href="https://continuityoak.org.uk/Lessons?r=667">https://continuityoak.org.uk/Lessons?r=667</a>
2	Issues with water resources in the UK	<a href="https://continuityoak.org.uk/Lessons?r=668">https://continuityoak.org.uk/Lessons?r=668</a>
2	Issues with energy resources in the UK	<a href="https://continuityoak.org.uk/Lessons?r=2058">https://continuityoak.org.uk/Lessons?r=2058</a>
3	Reasons for increasing water consumption	<a href="https://continuityoak.org.uk/Lessons?r=2059">https://continuityoak.org.uk/Lessons?r=2059</a>
3	Factors affecting water availability (1)	<a href="https://continuityoak.org.uk/Lessons?r=669">https://continuityoak.org.uk/Lessons?r=669</a>
4	Factors affecting water availability (2)	<a href="https://continuityoak.org.uk/Lessons?r=670">https://continuityoak.org.uk/Lessons?r=670</a>
4	Impacts of water insecurity	<a href="https://continuityoak.org.uk/Lessons?r=11316">https://continuityoak.org.uk/Lessons?r=11316</a>
4	Strategies to increase water supply (1)	<a href="https://continuityoak.org.uk/Lessons?r=671">https://continuityoak.org.uk/Lessons?r=671</a>
5	Strategies to increase water supply (2)	<a href="https://continuityoak.org.uk/Lessons?r=673">https://continuityoak.org.uk/Lessons?r=673</a>
5	Large scale water transfer scheme: China	<a href="https://continuityoak.org.uk/Lessons?r=675">https://continuityoak.org.uk/Lessons?r=675</a>
6	Sustainable water supplies (1)	<a href="https://continuityoak.org.uk/Lessons?r=677">https://continuityoak.org.uk/Lessons?r=677</a>
6	Sustainable water supplies (2)	<a href="https://continuityoak.org.uk/Lessons?r=679">https://continuityoak.org.uk/Lessons?r=679</a>
6	Increasing water supplies at a local scale: Kenya	<a href="https://continuityoak.org.uk/Lessons?r=680">https://continuityoak.org.uk/Lessons?r=680</a>

## Geographical skills

1. <https://continuityoak.org.uk/Lessons?r=5610>
2. <https://continuityoak.org.uk/Lessons?r=11329>
3. <https://continuityoak.org.uk/Lessons?r=5619>
4. <https://continuityoak.org.uk/Lessons?r=5624>
5. <https://continuityoak.org.uk/Lessons?r=5629>
6. <https://continuityoak.org.uk/Lessons?r=5634>
7. <https://continuityoak.org.uk/Lessons?r=5639>
8. <https://continuityoak.org.uk/Lessons?r=5644>

## Revision

1. <https://app.senecalearning.com/classroom/course/c25820ce-c6f1-436f-b33b-917b620631dc/section/280ad565-493c-4d4b-a275-8e591a09ac54/session/start>
2. <https://www.bbc.co.uk/bitesize/examspecs/zsytxsg>
3. <https://www.internetgeography.net/topics/>

## Work for absent students Year 11 History - Term 1 and 2- Civil Rights Movement

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and answer what do you think questions/make notes

Week	Topic	Link to complete work
1	Introduction to Civil Rights Movement	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/introduction-to-the-civil-rights-movement">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/introduction-to-the-civil-rights-movement</a>
	What was the experience for WW2 war veterans in USA?	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/african-american-veterans-and-the-civil-rights-movement">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/african-american-veterans-and-the-civil-rights-movement</a>
2	Explore the impact of Brown v. Topeka	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/brown-v-board-of-education">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/brown-v-board-of-education</a>
	Impact of Emmett Till's death	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/emmett-till">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/emmett-till</a>
	What was the impact of events at Little Rock High School?	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/massive-resistance-and-little-rock">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/massive-resistance-and-little-rock</a>
3	What was the impact of the Montgomery Bus Boycott?	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-montgomery-bus-boycott">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-montgomery-bus-boycott</a>
	How much impact did CRA have?	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-civil-rights-act-of-1964-and-the-voting-rights-act-of-1965">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-civil-rights-act-of-1964-and-the-voting-rights-act-of-1965</a>
4	Opposition to the above events	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/sncc-and-core">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/sncc-and-core</a>
	Opposition to the above events	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/black-power">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/black-power</a>
	Freedom Rides, 1961	<a href="https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/8">https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/8</a>
5	Birmingham, 1963	<a href="https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/9">https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/9</a>
	March on Washington, 1965	<a href="https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-march-on-washington-for-jobs-and-freedom">https://www.khanacademy.org/humanities/us-history/postwarera/civil-rights-movement/a/the-march-on-washington-for-jobs-and-freedom</a>
6	Selma, 1965	<a href="https://www.history.com/news/selma-bloody-sunday-attack-civil-rights-movement">https://www.history.com/news/selma-bloody-sunday-attack-civil-rights-movement</a>
	How successful were acts passed in the 1960s?	<a href="https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/10">https://www.bbc.co.uk/bitesize/guides/zdfcwmn/revision/10</a>

## Work for absent students Year 11 History - Term 3 and 4 - Vietnam

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and answer what do you think questions/make notes

Week	Topic	Link to complete work
1	Why did USA get involved in Vietnam?	<a href="https://www.bbc.co.uk/bitesize/guides/zv7bkqt/revision/2">https://www.bbc.co.uk/bitesize/guides/zv7bkqt/revision/2</a>
	What role did Eisenhower play?	<a href="https://www.gcsehistory.com/faq/eisenhower_vietnam.html">https://www.gcsehistory.com/faq/eisenhower_vietnam.html</a>
2	What role did Kennedy play?	<a href="https://www.bbc.co.uk/bitesize/guides/zvmrr2p/revision/2">https://www.bbc.co.uk/bitesize/guides/zvmrr2p/revision/2</a>
	How much impact did Gulf of Tonkin have?	<a href="https://www.history.com/topics/vietnam-war/gulf-of-tonkin-resolution-1">https://www.history.com/topics/vietnam-war/gulf-of-tonkin-resolution-1</a>
	Guerilla warfare	<a href="https://www.bbc.co.uk/bitesize/guides/zv7bkqt/revision/4">https://www.bbc.co.uk/bitesize/guides/zv7bkqt/revision/4</a>
3	US warfare	<a href="https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/4">https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/4</a>
	Tet Offensive	<a href="https://www.history.com/topics/vietnam-war/tet-offensive">https://www.history.com/topics/vietnam-war/tet-offensive</a>
4	Role of Nixon	<a href="https://www.bbc.co.uk/bitesize/guides/zvmrr2p/revision/7">https://www.bbc.co.uk/bitesize/guides/zvmrr2p/revision/7</a>
	My Lai Massacre	<a href="https://www.history.com/topics/vietnam-war/my-lai-massacre-1">https://www.history.com/topics/vietnam-war/my-lai-massacre-1</a>
	Kent state university and protest	<a href="https://www.history.com/topics/vietnam-war/vietnam-war-protests">https://www.history.com/topics/vietnam-war/vietnam-war-protests</a>
5	Support for the war	<a href="https://www.history.com/this-day-in-history/nixon-calls-on-the-silent-majority">https://www.history.com/this-day-in-history/nixon-calls-on-the-silent-majority</a>
	Peace process in Vietnam	<a href="https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/9">https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/9</a>
6	Why USA failed in Vietnam	<a href="https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/10">https://www.bbc.co.uk/bitesize/guides/z89hg82/revision/10</a>



## Work for absent students Modern Foreign Languages – MFL

To use the languages online resource click on the link and then scroll down the page to find the relevant section for what you are learning at the moment. Then complete all the exercises in that section.

For BBC Bitesize click on the link and then scroll down the page to find the relevant section for what you're learning at the moment. Then complete all the exercises in that section.

### Year 11 French

Term	Topic	Resource
1	Global issues Holidays	<a href="https://www.bbc.co.uk/bitesize/topics/z778scw">https://www.bbc.co.uk/bitesize/topics/z778scw</a> <a href="https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0</a> <b>Vocabulary unit:</b> environnement
2	Life at school	<a href="https://www.bbc.co.uk/bitesize/topics/zmmwy9q">https://www.bbc.co.uk/bitesize/topics/zmmwy9q</a> <a href="https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0</a> <b>grammar</b>
3	World of work	<a href="https://www.bbc.co.uk/bitesize/topics/z66q382">https://www.bbc.co.uk/bitesize/topics/z66q382</a> <a href="https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0</a> <b>grammar</b>
4	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0</a> <b>Topic units:</b> GCSE writing exam model answers GCSE speaking exam role-plays GCSE speaking exam photocards GCSE reading practice questions GCSE: silly mistakes from essays – practice sentences GCSE spelling improvement programme
5	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0</a> <b>Topic units:</b> GCSE writing exam model answers GCSE speaking exam role-plays GCSE speaking exam photocards GCSE reading practice questions GCSE: silly mistakes from essays – practice sentences GCSE spelling improvement programme
6		

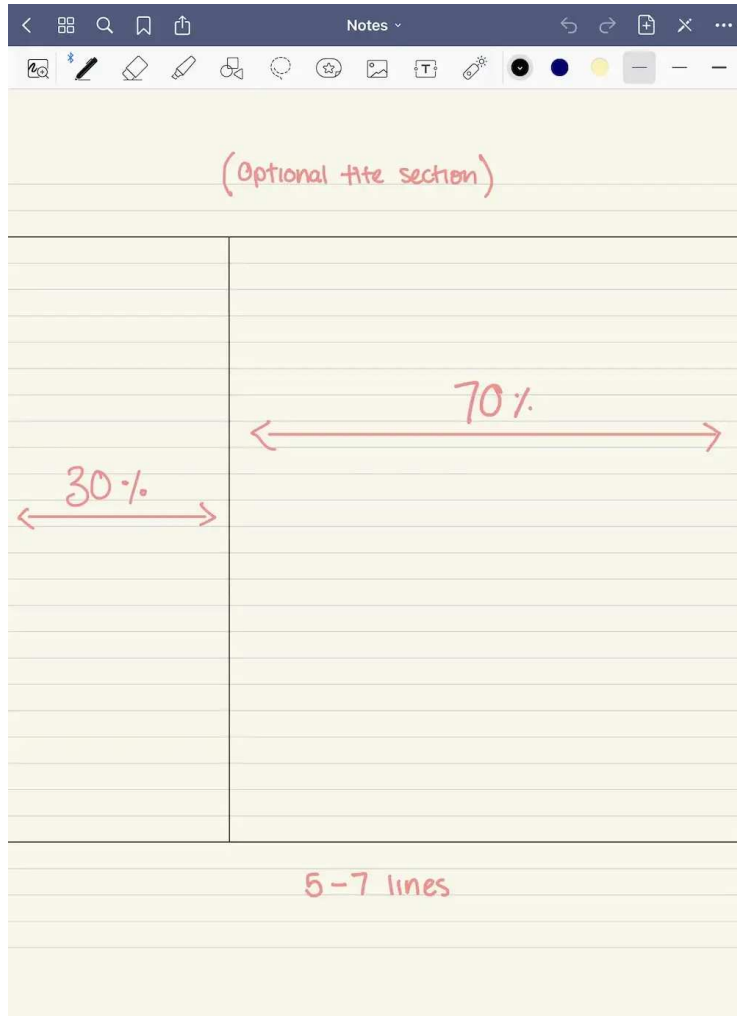
## Year 11 German

Term	Topic	Resource
1	Global issues Holidays	<a href="https://www.bbc.co.uk/bitesize/subjects/z8j2tfr">https://www.bbc.co.uk/bitesize/subjects/z8j2tfr</a>  <a href="https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0</a> <b>Logo 3:</b> Die umwelt Meine Familie und die Umwelt Ein umweltfreundliches Haus Umwelt – Meinungen
2	Life at school	<a href="https://www.bbc.co.uk/bitesize/subjects/z8j2tfr">https://www.bbc.co.uk/bitesize/subjects/z8j2tfr</a>
3	World of work	<a href="https://www.bbc.co.uk/bitesize/subjects/z8j2tfr">https://www.bbc.co.uk/bitesize/subjects/z8j2tfr</a>  <a href="https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0</a> <b>Topics:</b> Jobs und Geld
4	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0</a> <b>Topics:</b> GCSE speaking exam roleplays GCSE speaking exam Fotokarten GCSE writing Exam model answers GCSE reading practice
5	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0</a> <b>Topics:</b> GCSE speaking exam roleplays GCSE speaking exam Fotokarten GCSE writing Exam model answers GCSE reading practice
6		

## Year 11 Spanish

Term	Topic	Resource
1	Customs and festivals	<a href="https://www.bbc.co.uk/bitesize/topics/zrx6cqt">https://www.bbc.co.uk/bitesize/topics/zrx6cqt</a>  <a href="https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0</a> <b>Vocabulary Units:</b> Las fiestas
2	Jobs and the future	<a href="https://www.bbc.co.uk/bitesize/topics/z73b2sg">https://www.bbc.co.uk/bitesize/topics/z73b2sg</a>
3	Social and global issues	<a href="https://www.bbc.co.uk/bitesize/topics/zkpn8xs">https://www.bbc.co.uk/bitesize/topics/zkpn8xs</a>  <a href="https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0</a> <b>Vocabulary Units:</b> El medio ambiente
4	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0</a> <b>Topic Units:</b> GCSE Reading practice <b>Grammar - any exercises</b>
5	Revision	<a href="https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0">https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0</a> <b>Topic Units:</b> GCSE Reading practice <b>Grammar - any exercises</b>
6		

# Cornell Note Making



Split your page up (as shown on the left)

You need:

One row at the top for the title (2 lines)

One bigger row at the bottom (5-7 lines)

Two columns in the middle section in a 3:7



Title  
You are going for clarity  
eg Animal and Plant cells



The image shows a digital note-taking application interface. At the top, there is a dark blue header bar with navigation icons (back, home, search, bookmark, share) and a 'Notes' dropdown menu. Below the header is a toolbar with various drawing and editing tools. The main content area is a yellow notepad with a white grid. At the top of the grid, the word 'TITLE' is written in large, bold, black letters and underlined in pink. To the right of 'TITLE' is the word 'Date' in a smaller, black font. The grid is divided into three main sections by horizontal lines. The first section is labeled 'Keywords' in pink and contains the text: 'Main notes' and 'ideally using abbreviations'. The second section is labeled 'Questions' in pink and contains the text: 'Key thoughts'. The third section is labeled 'SUMMARY' in large, bold, black letters at the bottom of the grid.

Main notes in the biggest section – you can pause the video/re-read the text if you need to but just think about short, summary statements.



Notes

# TITLE

Date

Keywords	<ul style="list-style-type: none"><li>• Main notes<ul style="list-style-type: none"><li>◦ Ideally using abbreviations</li></ul></li></ul>
Questions	<ul style="list-style-type: none"><li>• Key thoughts</li></ul>

## SUMMARY

After the video has finished or you have finished reading the text -

Write questions in the left column that link to your key points, eg if your key point is 'cells are the building blocks of living things' then the question might be, 'What do we call the building blocks of living things?' This is where you think hard and remember, memory is the residue of thought.





Notes

# TITLE

Date

Keywords	<ul style="list-style-type: none"><li>• Main notes<ul style="list-style-type: none"><li>◦ ideally using abbreviations</li></ul></li></ul>
Questions	<ul style="list-style-type: none"><li>• Key thoughts</li></ul>

## SUMMARY

After the video has finished or you have finished reading the text, summarise the notes in 1-3 sentences.

There needs to be a summary box at the bottom of each page – so if you run out of room, you must summarise each page separately.

# Benefits of this method

## **Active summarising**

In order to, summarise a topic, you need to have a certain level of understanding. This note-taking method prompts you to get there.

## **Intentional note-taking**

Cornell notes encourage mindfulness and focus when taking notes. You have to pull out key points and reflect on the material, instead of simply writing every little thing down.

## **Revision-ready notes**

When it comes time to revisit your notes, they're logically organised.

# Fitness diary

How many sessions were complete?

What progress have you made?

How will I make it harder next time?

Rank the workout


★ ★ ★ ★ ★

1 2 3 4 5

How hard did you work?

### Rate of Perceived Exertion

- 10** Maximum Exertion
- 9** Very Hard
- 8** Extremely Hard
- 7** Hard (Heavy)
- 6**
- 5** Somewhat Hard
- 4** Fairly Light
- 3** Light
- 2** Very Light
- 1** Rest

 Selfie

Workout review

Positives	Negatives
<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>	<ul style="list-style-type: none"><li>•</li><li>•</li><li>•</li></ul>

# Joe Wicks

## Workouts with children

### (Beginners)

<https://www.youtube.com/watch?v=d3LPrhI0v-w&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=1>

<https://www.youtube.com/watch?v=mhHY8mOQ5eo&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=2>

<https://www.youtube.com/watch?v=SbFqQarDM50&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=3>

<https://www.youtube.com/watch?v=pnKCGY9ZocA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=4>

<https://www.youtube.com/watch?v=uqLNxJe4L2l&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=5>

<https://www.youtube.com/watch?v=fAUckPMJKSY&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=6>

<https://www.youtube.com/watch?v=rN0h6EZd6TM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=7>

<https://www.youtube.com/watch?v=EDC-plCTBbc&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=8>

<https://www.youtube.com/watch?v=5MBEyQllrfo&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=9>

[https://www.youtube.com/watch?v=TUp2\\_VAHlrl&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=11](https://www.youtube.com/watch?v=TUp2_VAHlrl&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=11)

[https://www.youtube.com/watch?v=9uw9ug\\_g-gM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=12](https://www.youtube.com/watch?v=9uw9ug_g-gM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=12)

<https://www.youtube.com/watch?v=xbVr38Bhe7E&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=13>

<https://www.youtube.com/watch?v=E5cmJpSFZB8&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=14>

[https://www.youtube.com/watch?v=N7CX0\\_7sLTA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=15](https://www.youtube.com/watch?v=N7CX0_7sLTA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=15)

<https://www.youtube.com/watch?v=14ou-fpIEi4&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=16>

<https://www.youtube.com/watch?v=hvJXQT4gowg&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=17>

<https://www.youtube.com/watch?v=pLuM18p9zbM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=18>

# Body weight / HIIT workouts (Advance)

[https://www.youtube.com/watch?v=GS\\_z6FG\\_jqE](https://www.youtube.com/watch?v=GS_z6FG_jqE)

<https://www.youtube.com/watch?v=mUns8O4YL5M>

<https://www.youtube.com/watch?v=bSXR6V9q6rM>

<https://www.youtube.com/watch?v=5nZ2iBGvFhE>

<https://www.youtube.com/watch?v=i134sTtWHll>

<https://www.youtube.com/watch?v=rXPgToG3GVI>

<https://www.youtube.com/watch?v=dcSy1sWQqJo>

<https://www.youtube.com/watch?v=EI9YG1Huq88&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=2>

<https://www.youtube.com/watch?v=EI9YG1Huq88&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=2>

<https://www.youtube.com/watch?v=ZBC72AoTcCE&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=4>

<https://www.youtube.com/watch?v=myijq74fPY8&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=5>

<https://www.youtube.com/watch?v=IV0rwqHxMDs&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=6>

<https://www.youtube.com/watch?v=LDo05xQeKl0&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=7>

# Zumba Workouts

<https://www.youtube.com/watch?v=jjlhU9D4isQ&list=UUmzRlnYu2x5l-kmjpF08Hnw>

<https://www.youtube.com/watch?v=LALFtRYwY8g&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=2>

<https://www.youtube.com/watch?v=1ZsN1b2eWFI&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=3>

<https://www.youtube.com/watch?v=F1oWDL0wVqs&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=6>

<https://www.youtube.com/watch?v=KSXNTc-26l4&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=7>

<https://www.youtube.com/watch?v=K2fpAY7YDgo&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=8>

<https://www.youtube.com/watch?v=5dYdNINWIUg&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=9>

<https://www.youtube.com/watch?v=5l50XfbE2Gw&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=10>

<https://www.youtube.com/watch?v=OkvF4hYfdNc&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=11>

<https://www.youtube.com/watch?v=NZq48Hitzdk&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=12>

<https://www.youtube.com/watch?v=o8fmykntPrg&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=14>

[https://www.youtube.com/watch?v=Lm\\_uQ8li3HU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=15](https://www.youtube.com/watch?v=Lm_uQ8li3HU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=15)

<https://www.youtube.com/watch?v=lrXxIEAW5hU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=16>

<https://www.youtube.com/watch?v=ui7Lz9wT2-c&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=17>

<https://www.youtube.com/watch?v=oWP-fatPFAU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=16>

<https://www.youtube.com/watch?v=P9hY2likBTM&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=20>

<https://www.youtube.com/watch?v=68-UbEtjVOQ&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=21>

<https://www.youtube.com/watch?v=z80D2V1sXCE&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=22>

# Boxercise Workouts

[https://www.youtube.com/watch?v=8CkUrKDP-v0&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF](https://www.youtube.com/watch?v=8CkUrKDP-v0&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF)

[https://www.youtube.com/watch?v=sgwtp9mF8tl&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=3](https://www.youtube.com/watch?v=sgwtp9mF8tl&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=3)

[https://www.youtube.com/watch?v=6oLg5fFe5ww&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=4](https://www.youtube.com/watch?v=6oLg5fFe5ww&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=4)

[https://www.youtube.com/watch?v=SuMDenIN5s8&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=5](https://www.youtube.com/watch?v=SuMDenIN5s8&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=5)

[https://www.youtube.com/watch?v=xSUXMwqZ3z0&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=6](https://www.youtube.com/watch?v=xSUXMwqZ3z0&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=6)

[https://www.youtube.com/watch?v=6cKSzuyieYc&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=7](https://www.youtube.com/watch?v=6cKSzuyieYc&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=7)

[https://www.youtube.com/watch?v=NmMRFWlokK4&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=8](https://www.youtube.com/watch?v=NmMRFWlokK4&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=8)

[https://www.youtube.com/watch?v=jCTEVKRTuS8&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=9](https://www.youtube.com/watch?v=jCTEVKRTuS8&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=9)

[https://www.youtube.com/watch?v=CfpAmX2ACzQ&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=10](https://www.youtube.com/watch?v=CfpAmX2ACzQ&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=10)

[https://www.youtube.com/watch?v=5mxYbg1bfqc&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=12](https://www.youtube.com/watch?v=5mxYbg1bfqc&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=12)

[https://www.youtube.com/watch?v=lujcE3FGL\\_U&list=PLI37FJmOtrj1B0\\_v8XINJ4pjk3KQ1I3eF&index=14](https://www.youtube.com/watch?v=lujcE3FGL_U&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=14)

# Yoga and Pilates

<https://www.youtube.com/watch?v=qjN5UYff9-w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=2&t=0s>

<https://www.youtube.com/watch?v=2jdHUMXDS3w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=3&t=0s>

<https://www.youtube.com/watch?v=9OLpDgOA4n4&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=5&t=0s>

<https://www.youtube.com/watch?v=9OLpDgOA4n4&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=5&t=0s>

<https://www.youtube.com/watch?v=yRCUfumiqhk&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=6&t=0s>

<https://www.youtube.com/watch?v=5eY4Au3pwQg&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=7&t=0s>

<https://www.youtube.com/watch?v=yhJFVK3GI5w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=8&t=0s>

<https://www.youtube.com/watch?v=GiP1D86CU78&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=9&t=0s>

[https://www.youtube.com/watch?v=D3TC-tz3TeQ&list=PLU9JyXjaxVhZz2CspinQj8Mi\\_R1BEEUi3&index=1](https://www.youtube.com/watch?v=D3TC-tz3TeQ&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=1)

[https://www.youtube.com/watch?v=dj3NUnxGG5o&list=PLU9JyXjaxVhZz2CspinQj8Mi\\_R1BEEUi3&index=2](https://www.youtube.com/watch?v=dj3NUnxGG5o&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=2)

[https://www.youtube.com/watch?v=tUXC0lurKU4&list=PLU9JyXjaxVhZz2CspinQj8Mi\\_R1BEEUi3&index=5](https://www.youtube.com/watch?v=tUXC0lurKU4&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=5)

[https://www.youtube.com/watch?v=1gzT-FZ45i0&list=PLU9JyXjaxVhZz2CspinQj8Mi\\_R1BEEUi3&index=7](https://www.youtube.com/watch?v=1gzT-FZ45i0&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=7)

[https://www.youtube.com/watch?v=aOYcySi-kpU&list=PLU9JyXjaxVhZz2CspinQj8Mi\\_R1BEEUi3&index=12](https://www.youtube.com/watch?v=aOYcySi-kpU&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=12)

# Learning log

Schools are required to provide a full-time education for all students. In exceptional circumstances, where a part-time timetable or alternative arrangements have been agreed, there is an expectation that students will continue to study for 25 hours per week. Where students are not attending full-time alternative provision, they are provided with online resources, including resources from Oak National Academy, Educake and Sparx Maths. As part of the agreement for alternative arrangements, parents/carers must log any learning agreed to take place at home using this form and return it weekly to school either by email, by post or by hand.

<b>Name of student</b>		<b>Week beginning</b> (Monday's date)	
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<b>Date/Date</b>	<b>Timing</b>	<b>Subject and topic</b> (eg English: Gothic poetry)	<b>Quiz score</b>
Monday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
<b>Date/Date</b>	<b>Timing</b>	<b>Subject and topic</b>	<b>Quiz score</b>
Tuesday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
<b>Date/Date</b>	<b>Timing</b>	<b>Subject and topic</b>	<b>Quiz score</b>
Wednesday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
<b>Date/Date</b>	<b>Timing</b>	<b>Subject and topic</b>	<b>Quiz score</b>
Thursday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
<b>Date/Date</b>	<b>Timing</b>	<b>Subject and topic</b>	<b>Quiz score</b>
Friday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	

<b>Confirmed and signed by parent/carers</b>	
<b>Please return this form to a member of staff every week</b>	