

Work for absent students Year 7 English

Oak Academy

1. Click the link associated with the topic you are studying
2. Select a lesson (starting at the beginning).
3. Play the lesson video – pausing it where required and completing the activities as directed.
4. Complete two lessons for every missed science lesson
5. Bring these to your reintegration meeting

Bitesize resource

1. Click the link associated with the topic you are studying
2. Select the first topic from this section
3. You will be asked to read information and watch videos and you must take notes using the Cornell method of note taking. For information on how to do this, click [here](#).
4. Complete the multiple-choice quizzes
5. Bring this to your reintegration meeting

Term	Topic	Oak Academy	BBC Bitesize
1	Creative Writing	https://classroom.thenational.academy/units/creative-writing-short-stories-cb59	https://www.bbc.co.uk/bitesize/topics/zn8tkmn
2	The Tempest	https://classroom.thenational.academy/units/shakespearean-comedy-the-tempest-88f0	https://www.bbc.co.uk/bitesize/topics/z37mn39
3	Poetry	https://classroom.thenational.academy/units/introduction-to-poetry-335c	https://www.bbc.co.uk/bitesize/topics/zqsvbqt https://www.bbc.co.uk/bitesize/topics/z7f3g7h
4	Persuasive Writing	https://classroom.thenational.academy/units/language-skills-non-fiction-reading-665d	https://www.bbc.co.uk/bitesize/topics/zv7fqp3
5	A Monster Calls	https://classroom.thenational.academy/units/oliver-and-the-workhouse-6202 - Oliver Twist as a novel	https://www.bbc.co.uk/bitesize/topics/zfdh8xs
6 weeks 1-3	19 th century – The Monkey's Paw	The set text: https://www.kyrene.org/cms/lib/AZ01001083/Centricity/Domain/2259/The%20Monkeys%20Paw%20-%20text.pdf https://classroom.thenational.academy/units/gothic-literature-8196	https://www.bbc.co.uk/bitesize/topics/zwpfvwx/articles/z34pf82
6 weeks 3-4	19 th Century literature and the paranormal	https://classroom.thenational.academy/units/fiction-reading-and-descriptive-writing-7cc5 https://classroom.thenational.academy/units/the-short-story-a89b	https://www.bbc.co.uk/bitesize/topics/zwpfvwx/articles/z67bcmn

Work for absent students Year 7 Maths

Oak Academy

1. Click the link associated with the topic you are studying
2. Select a lesson (starting at the beginning).
3. Play the lesson video – pausing it where required and completing the activities as directed.
4. Complete two lessons for every missed Maths lesson
5. Bring these to your reintegration meeting

Topic	Oak Academy
Number	Factors and primes: Factors and primes (thenational.academy) Negative numbers: Negative numbers in context (thenational.academy) Percentages: Percentages of amount (thenational.academy)
Fractions	Adding and subtracting fractions: Adding and Subtracting Fractions (Part 1) (thenational.academy)
Algebra	Algebraic expressions: Algebraic expressions (thenational.academy) Collecting like terms: Collecting like terms (thenational.academy)
Area and volume	Area of triangles: Area of triangles (thenational.academy) Area of parallelograms: Area of parallelograms (thenational.academy) Cuboids: Cuboids (thenational.academy)
Ratio	Basic ratio: Unit - Oak National Academy (thenational.academy) Basic conversions: Conversion rates (thenational.academy)
Data handling	Data in tables: Data in tables (thenational.academy) Bar charts: Interpreting bar charts (thenational.academy)
Probability	Calculating probabilities: Calculating probabilities (thenational.academy) Experimental and theoretical: Theoretical probability and relative frequency (thenational.academy)
Angles	Angles in polygons: Finding missing angles in polygons (thenational.academy) Exterior angles: Exterior angles (thenational.academy)

Work for absent students Year 7 Science

You will need:

1. A blue or black pen
2. A pencil
3. A ruler
4. A calculator

For each topic, you will find links to either an Oak Academy or BBC Bitesize resource. Instructions on how to use each resource are below.

Oak Academy

1. Click the link associated with the topic you are studying.
2. Select the first lesson. It is useful to look at previously covered material – to build a solid foundation – and then move on to new stuff when you are secure.
3. Play the lesson video – pausing it where required and completing the activities as directed.

Bitesize resource

1. Click the link associated with the topic you are studying. Try to pick a lesson you have just done to recap material and then try the next lesson to cover new stuff.
2. Select the first topic from this section. It is useful to look at previously covered material – to build a solid foundation – and then move on to new stuff when you are secure.
3. You will be asked to read information or watch videos and you must take notes using the Cornell method of note taking. For information on how to do this, [click here](#).
4. Complete the multiple-choice quizzes (and for Year 9 upwards and sample exam questions).

Year 7			
Term	Topic	Oak Academy	BBC Bitesize
1	Physics: Forces		Forces and movement
1+2	Chemistry: Matter	Atoms and the periodic table	The Particle Model of Matter Pure and Impure Substances
1+2	Biology: Organisms (cells)	Cells	Animal and Plant Cells
2+3	Biology: Ecosystems		Ecosystems and habitats
3+4	Physics: Energy	Energy	
3+4	Chemistry: Reactions		Chemical reactions
4+5	Chemistry: Earth		Structure of the Earth
5	Physics: Electricity and magnetism		Electricity Electromagnetism and magnetism
6	Biology: Genes		Inheritance and genetics
6	Physics: Waves		Waves

Work for absent students Year 7 Geography - Term 1

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	What are settlements?	https://www.bbc.co.uk/bitesize/topics/zx72pv4/articles/zrbvjhv
2	Factors affecting location of settlements	https://www.coolgeography.co.uk/GCSE/Year%2010/Human%20World/Settlement%20factors/Settlement%20factors.htm
	Describing places	https://geographyfieldwork.com/describingplaces.htm
3	Why did early settlers choose Reading?	https://www.readingmuseum.org.uk/blog/readings-earliest-settlers
	What is the history of Reading?	https://www.reading.co.uk/reading-history/
4	Huntley and Palmers history	https://www.readingmuseum.org.uk/online-exhibitions/history-huntley-palmers
5	Oxford Road stories	https://www.readingmuseum.org.uk/online-exhibitions/oxford-road-lifespring-stories https://www.readingmuseum.org.uk/online-exhibitions/oxford-road-stories
6	Cities in High income countries	https://www.bbc.co.uk/bitesize/topics/z96vr82/articles/zggm7yc#z4yx2v45

Work for absent students Year 7 Geography - Term 2

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	Locational knowledge of the world	https://continuityoak.org.uk/Lessons?r=1840
2	OS map symbols	https://continuityoak.org.uk/Lessons?r=174
	4 figure grid references	https://continuityoak.org.uk/Lessons?r=175
3	6 figure grid references	https://continuityoak.org.uk/Lessons?r=175
	Direction	https://continuityoak.org.uk/Lessons?r=1916
4	Scale and distance	https://continuityoak.org.uk/Lessons?r=176
5	Height	https://continuityoak.org.uk/Lessons?r=1917
6	Aerial and satellite photos	https://continuityoak.org.uk/Lessons?r=177

Work for absent students Year 7 Geography - Term 3

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	What is the weather forecast?	https://continuityoak.org.uk/Lessons?r=226
2	What are the factors that affect climate?	https://continuityoak.org.uk/Lessons?r=228
	What makes it rain?	https://continuityoak.org.uk/Lessons?r=230
3	How do air masses influence the climate of the UK?	https://continuityoak.org.uk/Lessons?r=231
	How do we use climate graphs?	https://continuityoak.org.uk/Lessons?r=233
4	How do high pressure events affect the UK?	https://continuityoak.org.uk/Lessons?r=235
5	How do low pressure events affect the UK?	https://continuityoak.org.uk/Lessons?r=236
6	What was the Beast from the East?	https://continuityoak.org.uk/Lessons?r=238

Work for absent students Year 7 Geography - Term 4

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	What is development?	https://continuityoak.org.uk/Lessons?r=1841
2	How do we measure development?	https://continuityoak.org.uk/Lessons?r=204
	What is the human development index?	https://continuityoak.org.uk/Lessons?r=206
3	Where is the DRC and what is it like?	https://continuityoak.org.uk/Lessons?r=207
	What are the causes of uneven development?	https://continuityoak.org.uk/Lessons?r=209
4	How can bottom-up projects promote development?	https://continuityoak.org.uk/Lessons?r=211
5	How can top-down projects promote development?	https://continuityoak.org.uk/Lessons?r=213
6	Where is Nigeria and what is it like?	https://continuityoak.org.uk/Lessons?r=214
7	How important is Nigeria?	https://continuityoak.org.uk/Lessons?r=1842

Work for absent students Year 7 Geography - Terms 5 and 6

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.
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Week	Topic	Link to complete work
1	Why are rivers important?	https://continuityoak.org.uk/Lessons?r=280
2	What are the features of a drainage basin?	https://continuityoak.org.uk/Lessons?r=281
	How does the drainage basin system work?	https://continuityoak.org.uk/Lessons?r=282
3	What are the features of a river's long profile?	https://continuityoak.org.uk/Lessons?r=283
	Erosion and transportation	https://continuityoak.org.uk/Lessons?r=284
4	How do waterfalls form?	https://continuityoak.org.uk/Lessons?r=285
5	What are the processes operating across meanders?	https://continuityoak.org.uk/Lessons?r=11319
6	What are floodplains and how do they form?	https://continuityoak.org.uk/Lessons?r=289
7	What are the causes of flooding within drainage basins?	https://continuityoak.org.uk/Lessons?r=290
8	How can we manage the flood risk?	https://continuityoak.org.uk/Lessons?r=291
	An example of a flood event in the UK	https://continuityoak.org.uk/Lessons?r=292
9	How can we respond to flood events?	https://continuityoak.org.uk/Lessons?r=293
10	An example of a flood event in a developing country	https://continuityoak.org.uk/Lessons?r=294
11	What are the features of a coastline?	https://continuityoak.org.uk/Lessons?r=307
	What are the factors that influence waves?	https://continuityoak.org.uk/Lessons?r=308
12	How do waves shape the land?	https://continuityoak.org.uk/Lessons?r=309
13	How do headlands and bays form?	https://continuityoak.org.uk/Lessons?r=11308
	What are the processes that lead to the formation of a stack?	https://continuityoak.org.uk/Lessons?r=310
14	What is longshore drift?	https://continuityoak.org.uk/Lessons?r=311
15	How do spits form?	https://continuityoak.org.uk/Lessons?r=312
	How do we prevent coastal erosion?	https://continuityoak.org.uk/Lessons?r=313
16	Should managed retreat have been used at Happisburgh?	https://continuityoak.org.uk/Lessons?r=314
	Should hard engineering have been used at Mableton?	https://continuityoak.org.uk/Lessons?r=315
17	What are the conflicts related to coastal management along the Holderness coast?	https://continuityoak.org.uk/Lessons?r=316

Work for absent students Year 7 History - Term 1 - Migration

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	What is emigration?	Pages 8 – 12 https://www.migrationmuseum.org/wp-content/uploads/2021/08/Departures-Teaching-Resource-v2_compressed.pdf
2	How the Romans conquered Britain	https://classroom.thenational.academy/lessons/how-did-the-romans-conquer-britain-6gwk6d
	What the Romans changed in Britain	https://classroom.thenational.academy/lessons/how-did-the-romans-change-britain-60r3gt
3	Life in Britain after invasion	https://classroom.thenational.academy/lessons/in-what-ways-did-life-in-britain-remain-the-same-after-the-roman-invasion-74t3ge
	Who were the Anglo-Saxons and what did they do in Britain?	https://www.history.org.uk/primary/resource/3865/anglo-saxons-a-brief-history
4	Who were the Huguenots and what did they do in Britain?	https://www.migrationmuseum.org/wp-content/uploads/2017/04/MMP-SOW-Lesson-3-Huguenots-worksheet.pdf https://www.ourmigrationstory.org.uk/oms/thomas-papillons-advertisement
	Why were Irish people migrating in the 1840s?	https://www.ourmigrationstory.org.uk/oms/a-london-slum-irish-migration-and-its-threat
5	What were the experiences of West India migration?	https://www.ourmigrationstory.org.uk/oms/sailing-to-new-shores-the-story-of-jannett-v-creese
6	How were families impacted by Asian migration in the 1900s?	https://www.ourmigrationstory.org.uk/oms/families-divided-the-campaign-for-anwar-ditta-and-her-children

Work for absent students Year 7 History - Term 2 - Normans

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	Who were the Normans?	https://classroom.thenational.academy/lessons/who-were-the-normans-6dh34c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	1066 and succession crisis	https://classroom.thenational.academy/lessons/1066-and-the-succession-crisis-6crp2r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	Williams invasion plan	https://classroom.thenational.academy/lessons/williams-invasion-plan-69h6ar?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	The battles of 1066	https://classroom.thenational.academy/lessons/the-battles-of-1066-and-coronation-6tjpad?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	Landowning and Feudal system	https://classroom.thenational.academy/lessons/landowning-and-the-feudal-system-chjk0e?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	Castles and rebellions	https://classroom.thenational.academy/lessons/castles-and-rebellions-68w38e?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	Role of Saxon Noblewomen	https://classroom.thenational.academy/lessons/the-role-of-saxon-noblewomen-6hgkcr?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	Role of the Church	https://classroom.thenational.academy/lessons/archbishops-and-church-construction-6mt68r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	Domesday book	https://classroom.thenational.academy/lessons/the-domesday-book-c4r3gr?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 History - Term 3 - How successful were Medieval kings?

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	Was King John a really bad King?	https://classroom.thenational.academy/lessons/was-king-john-really-a-bad-king-c8u6at?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	Barons War and Magna Carta	https://classroom.thenational.academy/lessons/was-king-john-really-a-bad-king-c8u6at?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	Did Henry VIII learn from John how to rule?	https://classroom.thenational.academy/lessons/did-henry-iii-learn-from-john-on-how-to-rule-6mt6ae?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	How did the barons reduce royal power under Henry III?	https://classroom.thenational.academy/lessons/how-did-the-barons-reduce-royal-power-under-henry-iii-ccwkgc?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	How did Edward I restore royal power?	https://classroom.thenational.academy/lessons/how-did-edward-i-restore-royal-power-c9h3jd?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	Why did Kings struggle to rule England?	https://classroom.thenational.academy/lessons/why-did-kings-struggle-to-rule-england-cdj32d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 History - Term 4 – Reformation and Queen Elizabeth

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	What concerns did Henry VIII have as King of England?	https://classroom.thenational.academy/lessons/what-concerns-did-henry-viii-have-as-king-of-england-c4w64d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	Religious changes 1536-1539	https://classroom.thenational.academy/lessons/religious-changes-1536-1539-ccukec?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	What was the dissolution of the monasteries?	https://classroom.thenational.academy/lessons/what-was-the-dissolution-of-the-monasteries-60wp6c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	Why did Henry VIII make a break with Rome?	https://classroom.thenational.academy/lessons/why-did-henry-viii-make-a-break-with-rome-cngk8r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	Elizabeth I and Spain: Why were they rivals?	https://classroom.thenational.academy/lessons/elizabeth-i-and-spain-why-were-they-rivals-71k68d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	Who were the Elizabethans trading with?	https://classroom.thenational.academy/lessons/who-were-the-elizabethans-trading-with-ccuk4r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	Why did Elizabeth believe it was a 'Godly deed' to act violently towards Ireland?	https://classroom.thenational.academy/lessons/why-did-elizabeth-believe-it-was-a-godly-deed-to-act-violently-towards-ireland-cct6cd?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	Why was the world 'Opening Up' to the Elizabeth I and her people?	https://classroom.thenational.academy/lessons/why-was-the-world-opening-up-to-the-elizabeth-i-and-her-people-68u34c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 History - Term 5 – English Civil War

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	Charles I's Personal Rule	https://classroom.thenational.academy/lessons/charles-is-personal-rule-c9j30c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	Charles I and Scotland	https://classroom.thenational.academy/lessons/charles-i-and-scotland-cmt3ae?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	The Return of Parliament	https://classroom.thenational.academy/lessons/the-return-of-parliament-cngp4e?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	Why did the Civil War break out in 1642?	https://classroom.thenational.academy/lessons/why-did-the-civil-war-break-out-in-1642-6grk6r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	Civil War divisions	https://classroom.thenational.academy/lessons/civil-war-divisions-75h64d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
	Quakers, Ranters and Diggers	https://classroom.thenational.academy/lessons/quakers-ranters-and-diggers-crwkae?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	Oliver Cromwell	https://classroom.thenational.academy/lessons/oliver-cromwell-6rrkad?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	The world turned upside down	https://classroom.thenational.academy/lessons/the-world-turned-upside-down-ccr3cr?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 History - Term 6 - Industrial Revolution

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Either read/watch the webpage and make notes or complete the tasks identified.

Week	Topic	Link to complete work
1	Child labour during the Industrial Revolution	https://classroom.thenational.academy/lessons/child-labour-during-the-industrial-revolution-6gup2r?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	Changing labour laws	https://classroom.thenational.academy/lessons/changing-labour-laws-c4upce?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	Popular protest, 1800-1850	https://classroom.thenational.academy/lessons/popular-protest-1800-1850-6hhkj?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	Popular protest, 1850-1900	https://classroom.thenational.academy/lessons/popular-protest-1850-1900-74wpac?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 Religious Studies - Topic 1- Buddhism

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Complete webpages and tasks throughout

Week	Topic	Link to complete work
1	What is Buddhism?	https://classroom.thenational.academy/lessons/a-brief-history-of-india-cth30d https://classroom.thenational.academy/lessons/the-life-of-siddhartha-gautama-c4ukce
2	Three marks of existence	https://classroom.thenational.academy/lessons/the-three-marks-of-existence-75hkct
3	Dukkha and the four noble truths	https://classroom.thenational.academy/lessons/dukkha-and-the-four-noble-truths-6hh64d
4	Enlightenment	https://classroom.thenational.academy/lessons/enlightenment-6xk38d
5	Eightfold Path	https://classroom.thenational.academy/lessons/the-eightfold-path-c5hp2c
6	Buddhist scripture	https://classroom.thenational.academy/lessons/buddhist-scripture-6dk32r

Work for absent students Year 7 Religious Studies - Topic 2 – Christianity beliefs and teachings

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Complete webpages and tasks throughout

Week	Topic	Link to complete work
1	The nature of God	https://classroom.thenational.academy/lessons/the-nature-of-god-cmwk2c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	The Trinity	https://classroom.thenational.academy/lessons/the-trinity-6cr3gd?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	The Incarnation	https://classroom.thenational.academy/lessons/the-incarnation-68vk4t?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	The life of Jesus	https://classroom.thenational.academy/lessons/the-life-of-jesus-74t36c?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	The crucifixion	https://classroom.thenational.academy/lessons/the-crucifixion-c5j30d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	The Resurrection	https://classroom.thenational.academy/lessons/the-resurrection-c8u66d?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Year 7 Religious Studies - Topic 3 – Christianity – Christian practices

Work to complete:

- Identify the week in the term
- Identify a topic you have not yet completed
- Click on the link identified
- Complete webpages and tasks throughout

Week	Topic	Link to complete work
1	Types of worship	https://classroom.thenational.academy/lessons/nature-of-worship-types-of-worship-6ct3ec?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
2	Religious building	https://classroom.thenational.academy/lessons/nature-of-worship-building-ctk34t?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
3	Baptism	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
4	Eucharist	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
5	Confession	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
6	Pilgrimage	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
7	Festivals: Christmas and Easter	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777
8	Service and Evangelism	https://classroom.thenational.academy/lessons/baptism-68w3ee?utm_campaign=sharing-button&activities=video&utm_medium=copy-link&schoolUrn=137777

Work for absent students Modern Foreign Languages – MFL

To use the languages online resource click on the link and then scroll down the page to find the relevant section for what you are learning at the moment. Then complete all the exercises in that section.

For BBC Bitesize click on the link and then scroll down the page to find the relevant section for what you're learning at the moment. Then complete all the exercises in that section.

Year 7 French

Term	Topic	Resource
1 and 2	Greetings Family Classroom Opinions Personality Regular -er verbs	https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0 - sections: First year learning: Unit 1 Unit 2 Unit 4 Unit 6 https://www.bbc.co.uk/bitesize/subjects/zgdqxb introducing yourself in French talking about families and pets describing people using avoir and être days and months in French
3 and 4	Colours Time School subjects Uniform School day	https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0 - sections: First year learning: Unit 4 Unit 8 https://www.bbc.co.uk/bitesize/subjects/zgdqxb telling the time in French using être
5 and 6	Weather Sports Hobbies	https://www.languagesonline.org.uk/Hotpotatoes/frenchindex.html#gsc.tab=0 - sections: First year learning: Unit 10 Unit 6 https://www.bbc.co.uk/bitesize/subjects/zgdqxb Talking about what you like to do using the verb faire

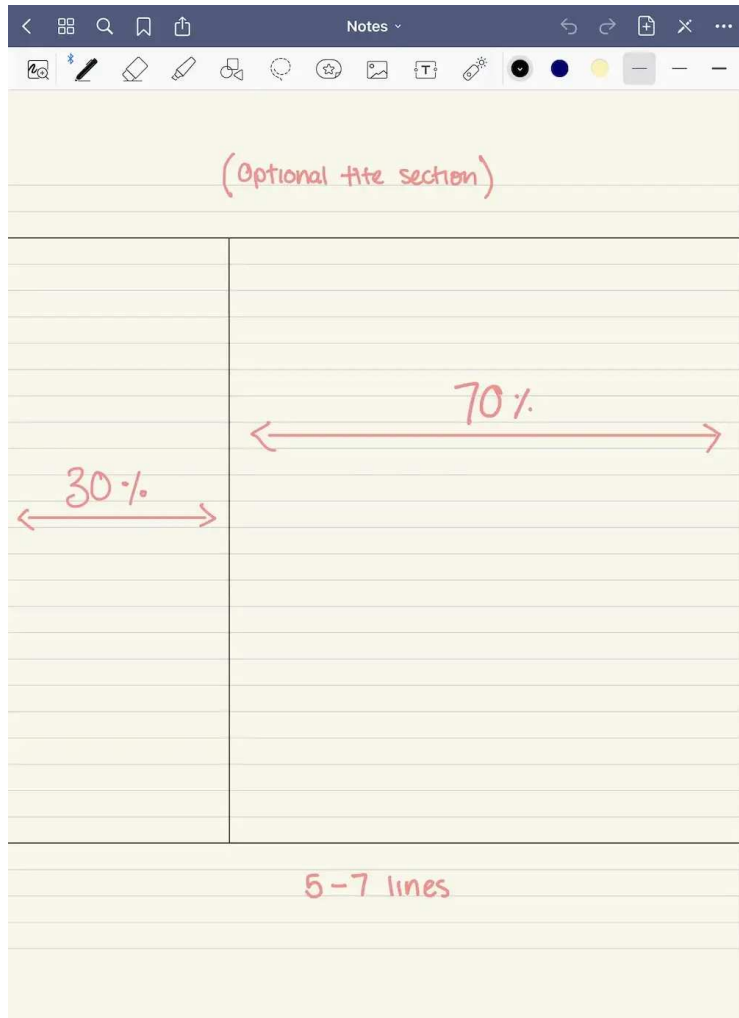
Year 7 German

Term	Topic	Resource
1 and 2	Greetings Numbers Classroom Where i live Personality Adjectives	https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0 - sections: beginners Hallo! Wie heißt du? Die Nummern Die Nummern von 30-100 Wo wohnst du? / Europa Wie siehst du aus? / Beschreibungen https://www.bbc.co.uk/bitesize/subjects/zcj2tfr introducing yourself in German Describing people
3 and 4	Pets Family Colours Birthdays	https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0 - sections: beginners: Haustiere Die Familie die Farben Monate und Geburtstag https://www.bbc.co.uk/bitesize/subjects/zcj2tfr describing your family and pets days and months
5 and 6	Freetime Sports Online life	https://www.languagesonline.org.uk/Hotpotatoes/germanindex.html#gsc.tab=0 - sections: beginners: Hobbys und Freizeit Present tense verbs and hobbies Hpbby - word order practice https://www.bbc.co.uk/bitesize/subjects/zcj2tfr describing your freetime

Year 7 Spanish

Term	Topic	Resource
1 and 2	Greetings Family Classroom Opinions Personality Birthday Adjectives	https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0 - sections: Camino Book 1: Unit 1 Unit 2 Unit 3 Unit 4 Unit 6 Vocabulary Units: Mi familia https://www.bbc.co.uk/bitesize/subjects/zfckjxs introducing yourself in Spanish talking about family and pets days and months describing people
3 and 4	Sports Hobbies Colours Weather	https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0 - sections: Camino Book 1: Unit 4 Unit 6 Unit 7 Unit 8 Vocabulary Units: El tiempo Los colores Los deportes https://www.bbc.co.uk/bitesize/subjects/zfckjxs talking about free time
5 and 6	School Subjects -er and -ir verbs	https://www.languagesonline.org.uk/Hotpotatoes/spanishindex.html#gsc.tab=0 - sections: Camino Book 1: Unit 5 Unit 10 Unit 13 Vocabulary Units: En el instituto https://www.bbc.co.uk/bitesize/subjects/zfckjxs how to use the Spanish present tense

Cornell Note Making



Split your page up (as shown on the left)

You need:

One row at the top for the title (2 lines)

One bigger row at the bottom (5-7 lines)

Two columns in the middle section in a 3:7



Title
You are going for clarity
eg Animal and Plant cells



The image shows a digital note-taking application interface. At the top, there is a dark blue header bar with navigation icons (back, home, search, bookmark, share) and a 'Notes' dropdown menu. Below the header is a toolbar with various drawing and editing tools. The main content area is a yellow notepad with a white title 'TITLE' underlined in pink. To the right of the title is a 'Date' field. The notepad is divided into three sections: a left column for 'Keywords' and 'Questions', and a larger right column for 'Main notes' and 'Key thoughts'. At the bottom, there is a 'SUMMARY' section.

Notes

TITLE Date

Keywords

- Main notes
 - ideally using abbreviations

Questions

- Key thoughts

SUMMARY

Main notes in the biggest section – you can pause the video/re-read the text if you need to but just think about short, summary statements.



Notes

TITLE

Date

Keywords	<ul style="list-style-type: none">• Main notes<ul style="list-style-type: none">◦ Ideally using abbreviations
Questions	<ul style="list-style-type: none">• Key thoughts

SUMMARY

After the video has finished or you have finished reading the text -

Write questions in the left column that link to your key points, eg if your key point is 'cells are the building blocks of living things' then the question might be, 'What do we call the building blocks of living things?' This is where you think hard and remember, memory is the residue of thought.



The image shows a digital note-taking application interface. At the top, there is a dark blue header bar with navigation icons (back, search, bookmark, share) and a 'Notes' dropdown menu. Below the header is a toolbar with various drawing and editing tools. The main note area has a light yellow background with horizontal lines. At the top of the note, the word 'TITLE' is written in large, bold, black letters and underlined in pink. To the right of the title, the word 'Date' is written in a smaller font. Below the title, the note is divided into two columns by a vertical line. The left column contains the word 'Keywords' in pink, followed by 'Questions' in pink. The right column contains two bullet points: '• Main notes' with a sub-bullet '• ideally using abbreviations', and '• Key thoughts'. At the bottom of the note, the word 'SUMMARY' is written in large, bold, black letters.

After the video has finished or you have finished reading the text, summarise the notes in 1-3 sentences.

There needs to be a summary box at the bottom of each page – so if you run out of room, you must summarise each page separately.

Benefits of this method

Active summarising

In order to, summarise a topic, you need to have a certain level of understanding. This note-taking method prompts you to get there.

Intentional note-taking

Cornell notes encourage mindfulness and focus when taking notes. You have to pull out key points and reflect on the material, instead of simply writing every little thing down.

Revision-ready notes

When it comes time to revisit your notes, they're logically organised.

Fitness diary

How many sessions were complete?

What progress have you made?


How will I make it harder next time?

How hard did you work?

Rank the workout

★ ★ ★ ★ ★

1 2 3 4 5

 Selfie

Workout review

Positives	Negatives
<ul style="list-style-type: none">•••	<ul style="list-style-type: none">•••

Rate of Perceived Exertion

- 10 Maximum Exertion
- 9 Very Hard
- 8 Extremely Hard
- 7 Hard (Heavy)
- 6
- 5 Somewhat Hard
- 4 Fairly Light
- 3 Light
- 2 Very Light
- 1 Rest

Joe Wicks

Workouts with children

(Beginners)

<https://www.youtube.com/watch?v=d3LPrhI0v-w&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=1>

<https://www.youtube.com/watch?v=mhHY8mOQ5eo&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=2>

<https://www.youtube.com/watch?v=SbFqQarDM50&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=3>

<https://www.youtube.com/watch?v=pnKCGY9ZocA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=4>

<https://www.youtube.com/watch?v=uqLNxJe4L2l&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=5>

<https://www.youtube.com/watch?v=fAUckPMJKSY&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=6>

<https://www.youtube.com/watch?v=rN0h6EZd6TM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=7>

<https://www.youtube.com/watch?v=EDC-plCTBbc&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=8>

<https://www.youtube.com/watch?v=5MBEyQllrfo&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=9>

https://www.youtube.com/watch?v=TUp2_VAHlrl&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=11

https://www.youtube.com/watch?v=9uw9ug_g-gM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=12

<https://www.youtube.com/watch?v=xbVr38Bhe7E&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=13>

<https://www.youtube.com/watch?v=E5cmJpSFZB8&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=14>

https://www.youtube.com/watch?v=N7CX0_7sLTA&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=15

<https://www.youtube.com/watch?v=14ou-fpIEi4&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=16>

<https://www.youtube.com/watch?v=hvJXQT4gowg&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=17>

<https://www.youtube.com/watch?v=pLuM18p9zbM&list=PLyCLOPd4VxBvPHOpzoEk5onAEbq40g2-k&index=18>

Body weight / HIIT workouts (Advance)

https://www.youtube.com/watch?v=GS_z6FG_jqE

<https://www.youtube.com/watch?v=mUns8O4YL5M>

<https://www.youtube.com/watch?v=bSXR6V9q6rM>

<https://www.youtube.com/watch?v=5nZ2iBGvFhE>

<https://www.youtube.com/watch?v=i134sTtWHll>

<https://www.youtube.com/watch?v=rXPgToG3GVI>

<https://www.youtube.com/watch?v=dcSy1sWQqJo>

<https://www.youtube.com/watch?v=EI9YG1Huq88&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=2>

<https://www.youtube.com/watch?v=EI9YG1Huq88&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=2>

<https://www.youtube.com/watch?v=ZBC72AoTcCE&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=4>

<https://www.youtube.com/watch?v=myijq74fPY8&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=5>

<https://www.youtube.com/watch?v=IV0rwqHxMDs&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=6>

<https://www.youtube.com/watch?v=LDo05xQeKl0&list=PLauV1s0KU-o9PQxBZBvgKHCYTI-BeK7ap&index=7>

Zumba Workouts

<https://www.youtube.com/watch?v=jjlhU9D4isQ&list=UUmzRlnYu2x5l-kmjpF08Hnw>

<https://www.youtube.com/watch?v=LALFtRYwY8g&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=2>

<https://www.youtube.com/watch?v=1ZsN1b2eWFI&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=3>

<https://www.youtube.com/watch?v=F1oWDL0wVqs&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=6>

<https://www.youtube.com/watch?v=KSXNTc-26l4&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=7>

<https://www.youtube.com/watch?v=K2fpAY7YDgo&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=8>

<https://www.youtube.com/watch?v=5dYdNINWIUg&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=9>

<https://www.youtube.com/watch?v=5l50XfbE2Gw&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=10>

<https://www.youtube.com/watch?v=OkvF4hYfdNc&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=11>

<https://www.youtube.com/watch?v=NZq48Hitzdk&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=12>

<https://www.youtube.com/watch?v=o8fmykntPrg&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=14>

https://www.youtube.com/watch?v=Lm_uQ8li3HU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=15

<https://www.youtube.com/watch?v=lrXxIEAW5hU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=16>

<https://www.youtube.com/watch?v=ui7Lz9wT2-c&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=17>

<https://www.youtube.com/watch?v=oWP-fatPFAU&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=16>

<https://www.youtube.com/watch?v=P9hY2likBTM&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=20>

<https://www.youtube.com/watch?v=68-UbEtjVOQ&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=21>

<https://www.youtube.com/watch?v=z80D2V1sXCE&list=UUmzRlnYu2x5l-kmjpF08Hnw&index=22>

Boxercise Workouts

- https://www.youtube.com/watch?v=8CkUrKDP-v0&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF
- https://www.youtube.com/watch?v=sgwtp9mF8tl&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=3
- https://www.youtube.com/watch?v=6oLg5fFe5ww&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=4
- https://www.youtube.com/watch?v=SuMDenIN5s8&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=5
- https://www.youtube.com/watch?v=xSUXMwqZ3z0&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=6
- https://www.youtube.com/watch?v=6cKSzuyieYc&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=7
- https://www.youtube.com/watch?v=NmMRFWlokK4&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=8
- https://www.youtube.com/watch?v=jCTEVKRTuS8&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=9
- https://www.youtube.com/watch?v=CfpAmX2ACzQ&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=10
- https://www.youtube.com/watch?v=5mxYbg1bfqc&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=12
- https://www.youtube.com/watch?v=lujcE3FGL_U&list=PLI37FJmOtrj1B0_v8XINJ4pjk3KQ1I3eF&index=14

Yoga and Pilates

- <https://www.youtube.com/watch?v=qjN5UYff9-w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=2&t=0s>
- <https://www.youtube.com/watch?v=2JdHUMXDS3w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=3&t=0s>
- <https://www.youtube.com/watch?v=9OLpDgOA4n4&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=5&t=0s>
- <https://www.youtube.com/watch?v=9OLpDgOA4n4&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=5&t=0s>
- <https://www.youtube.com/watch?v=yRCUfumiqhk&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=6&t=0s>
- <https://www.youtube.com/watch?v=5eY4Au3pwQg&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=7&t=0s>
- <https://www.youtube.com/watch?v=yhJFVK3GI5w&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=8&t=0s>
- <https://www.youtube.com/watch?v=GiP1D86CU78&list=PLEHeqorllviiw3ijZSxB9y6FQ1iGAR4w&index=9&t=0s>
- https://www.youtube.com/watch?v=D3TC-tz3TeQ&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=1
- https://www.youtube.com/watch?v=dj3NUnxGG5o&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=2
- https://www.youtube.com/watch?v=tUXC0lurKU4&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=5
- https://www.youtube.com/watch?v=1gzT-FZ45i0&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=7
- https://www.youtube.com/watch?v=aOYcySi-kpU&list=PLU9JyXjaxVhZz2CspinQj8Mi_R1BEEUi3&index=12

Learning log

Schools are required to provide a full-time education for all students. In exceptional circumstances, where a part-time timetable or alternative arrangements have been agreed, there is an expectation that students will continue to study for 25 hours per week. Where students are not attending full-time alternative provision, they are provided with online resources, including resources from Oak National Academy, Educake and Sparx Maths. As part of the agreement for alternative arrangements, parents/carers must log any learning agreed to take place at home using this form and return it weekly to school either by email, by post or by hand.

Name of student		Week beginning (Monday's date)	
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Date/Date	Timing	Subject and topic (eg English: Gothic poetry)	Quiz score
Monday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
Date/Date	Timing	Subject and topic	Quiz score
Tuesday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
Date/Date	Timing	Subject and topic	Quiz score
Wednesday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
Date/Date	Timing	Subject and topic	Quiz score
Thursday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	
Date/Date	Timing	Subject and topic	Quiz score
Friday	Hour 1	English:	
	Hour 2	Maths:	
	Hour 3	Science:	
	Hour 4	Subject 4:	
	Hour 5	Subject 5:	

Confirmed and signed by parent/carers	
Please return this form to a member of staff every week	