

Overall intent statement

Our department will continue to offer an ambitious, knowledge-rich and engaging curriculum focussing specifically on building students CHARACTER values, whilst giving students the best opportunities to learn and enjoy a range of sports and activities in PE to embed positive lifelong sporting or exercising habits. Within Health and Social Care they will also develop CHARACTER values and gain a greater understanding of the life stages and human development.

The intention of our PE, Sport and Health based curriculum is to ensure all students develop detailed knowledge and cultural capital across both the academic and practical sides of our courses. The intention of our extra curricular offer is to develop all students' participation, leadership, and communication skills, and to enhance their contribution to the community and society through extracurricular clubs, inter/intra school competitions and sports leadership opportunities.

Intent statements by Key Stage

| | Subject-based curriculum |
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| Key Stage 3 | <p>The intention of our engaging subject based Key Stage 3 curriculum is to ensure that all students have a knowledge-rich foundation into specific practical skills required in a variety of sports as well as understanding the importance of having a health active lifestyle. Students will also gain leadership experience which will start to develop their CHARACTER values.</p> <p>The intention of our engaging success for life curriculum at Key Stage 3 is to provide students with the knowledge and tools they need to confidently make informed decisions for Key Stage 4 and to build confidence in pursuing sport in school and later in life.</p> <p>The intention of our engaging extra curricular offer at Key Stage 3 is for students to increase students' participation, develop collaboration and communication and develop their values of tolerance, empathy and respect through our extensive offering of clubs, inter/intra school competitions and visits we offer.</p> |
| Key Stage 4 | <p>The intention of our engaging subject based Key Stage 4 curriculum is to ensure all students use their detailed subject understanding, ambition, courage and resilience to apply detailed knowledge to new and challenging situations in both GCSE/BTEC courses and core PE.</p> <p>The intention of our engaging success for life curriculum at Key Stage 4 is to provide students with the confidence, resilience and self awareness to become increasingly independent during the middle stage of adolescence, and to be able to happily manage the pressures from themselves, their peers, their school and their society to reach the true potential.</p> <p>The intention of our engaging extra curricular offer at Key Stage 4 is for students develop further their values of tolerance, empathy and respect through, leading activities for their peers and younger students through our leadership programmes and</p> |

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| | <p>ambassador roles and also developing their CHARACTER values through fixtures and clubs.</p> |
| <p>Key Stage 5</p> | <p>The intention of our engaging subject based Key Stage 5 curriculum is to ensure all students develop mastery in their PE and health as a result of their courage, ambition and resilience, and to develop an ambitious mindset leading to further study, training or employment.</p> <p>The intention of our engaging success for life curriculum at Key Stage 5 is to provide students with the knowledge and tools they need to confidently and happily navigate their transitions into adulthood and into further education, employment or training whether it be in the sport or health care industry or elsewhere.</p> <p>The intention of our engaging extra curricular offer at Key Stage 5 is for students to advance further their values of tolerance, empathy, resilience and respect through initiating, planning, organising and leading activities for their peers, younger students and members of the outside community through fixtures and our coaching for leadership programme alongside the Football Association and Reading FC.</p> |