



FA Level 1 in coaching football

This course will provide learners with an introduction to coaching the game, working with players from under seven to open age. It will lead to the achievement of the 1st4sport Level 1 Award in Coaching Football qualification and is the first stepping-stone on the core coaching pathway.

Students will gain insight into the game in England, how it is played and how to coach to better support the development of future players.

The course of learning is made up of eight guided learning, face-to-face workshops covering a range of topics linked to the England DNA. There will also be some directed learning opportunities via three eLearning modules hosted on The FA Learning Management System (LMS). The eLearning modules cover core topics including the role of the coach, long-term player development and The FA Plan, Do, Review model.

Course Overview

- **Minimum Age:** 16
- **Course Duration:** 43 hours (total qualification time) / 33 hours (guided learning)
- **Leading To:** FA Level 2 in Coaching Football

<http://www.thefa.com/learning/courses/fa-level-1-in-coaching-football>